

Brain Health & Dementia

Presentation by Sharp Neurocognitive Research Center



Monday, 10/2/23

2:00 PM

Community Room

The presentation will explore dementia, caregiver burden, current research, and tips on maintaining brain health. You will have the opportunity to sign up for free memory screenings at the library.

Presenter **Esteban Gonzales, MS**, joined Sharp Neurocognitive Research Center in 2022. He has more than a decade of experience working in the health care industry. He holds a bachelor's degree in psychology and a master's degree in counseling.



Mission Hills-Hillcrest/Knox Library

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